






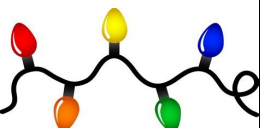



# DECEMBER



Mon	Tue	Wed	Thu	Fri
<p><i>School lunches are FREE for all students this year!! When your child participates it helps our hot lunch Program!</i></p>		<p>1 Hot Ham &amp; Cheese Sandwich Scalloped Potatoes Broccoli</p> <p><i>Eat a Red Apple Day</i></p>	<p>2 Meatballs in Gravy Mashed Potatoes Carrots Dinner Roll</p>	<p>3 Chicken Nuggets Hashbrown Stars Green Beans</p>
<p>6 Taco Salad Re-Fried Beans</p> 	<p>7 Hamburger or Cheeseburger French Fries Baked Beans</p>	<p>8 Pizza Grilled Cheese Chili</p> 	<p>9 Pulled Pork Sandwich Waffle Fries Peas</p>	<p>10 French Toast Sticks Breakfast Sausages Hashbrown Juice</p> 
<p>13 Fish Sticks Macaroni &amp; Cheese German Blend</p> 	<p>14 Turrkey Sub Sandwich Tator Tots Broccoli</p>	<p>15 Spaghetti with Meat Sauce Provence Blend Garlic Bread</p>	<p>16 ChickenPatty Sandwich Potato Wedges Green Beans</p>	<p>17 Pizza Dippers Pizza Sauce Sidewinder Potatoes Mixed Vegetables</p> 
<p>20 Pancakes Egg Patties Potato Cubes Juice</p> 	<p>21 Mini Corn Dogs Tator Tots Cauliflower</p>	<p>22 Roast Turkey Mashed Potatoes Corn Dinner Roll</p>	<p>23 Christmas Break Starts</p> 	<p>24 Christmas Eve</p> 

All meals include Salad Bar, Assorted Vegetables with Dip, Assorted Fruits, and Milk.

## Alternate Menu Options:

Daily-  
Chef's Salad with choice of Diced Ham, Diced Chicken, Boiled Egg or Cottage Cheese.

## OR

Peanut Butter & Jelly Uncrustable with:  
Monday-Graham Crackers  
Tuesday-String Cheese  
Wednesday-Sun Chips  
Thursday-Cottage Cheese  
Friday-Cookie


(You may choose one option in place of the offered meal)



## USDA Meal Pattern

Trinity Lutheran School participates in the National School Hot Lunch Program. We offer 5 meal components: Meat/Meat Alternate, Grain, Fruit, Vegetable and Milk.

Each student must take three components and one must be a fruit or vegetable.

 =Vegetarian/Vegetarian Option

This institution is an equal opportunity provider