



Mon	Tue	Wed	Thu	Fri
3 <i>Pancakes</i> <i>Egg patties</i> <i>Potato Cubes</i> <i>Juice</i>	4 <i>Spaghetti with Meat Sauce</i> <i>Peas</i> <i>Garlic Bread</i> <b>National Spaghetti Day</b>	5 <i>Meatballs in Gravy</i> <i>Mashed Potatoes</i> <i>Peas &amp; Carrots</i> <i>Dinner Roll</i>	6 <i>Hamburger or Cheeseburger</i> <i>French Fries</i> <i>Baked Beans</i> <b>National Bean Day</b>	7 <i>Turkey Sub Sandwich</i> <i>Potato Wedges</i> <i>Mixed Vegetables</i>
10 <i>Pizza Dippers with Pizza sauce</i> <i>Waffle Fries</i> <i>Carrots</i>	11 <i>Taco Salad</i> <i>Re-Fried Beans</i> <b>National Milk Day</b>	12 <i>Chicken Patty Sandwich</i> <i>Arroz Con Queso</i> <i>Peas</i>	13 <i>Chicken Nuggets</i> <i>Hashbrown Stars</i> <i>Provence Blend</i> <i>Vegetables</i>	14 <i>Sloppy Joe</i> <i>Cheesy Hashbrowns</i> <i>Germany Blend</i>
17 <b>No School</b>	18 <i>Hot Ham &amp; Cheese Sandwich</i> <i>Sidewinder Potatoes</i> <i>California Blend</i>	19 <i>French Toast Sticks</i> <i>Breakfast Sausage</i> <i>Hashbrown</i> <i>Juice</i>	20 <i>Fish Sticks</i> <i>Homemade Macaroni &amp; Cheese</i> <i>Green Beans</i> <b>National Cheese Lovers Day</b>	21 <i>Pulled Pork Sandwich</i> <i>Waffle Fries</i> <i>Cauliflower</i>
24 <i>Cheese Quesadilla</i> <i>Tator Tots</i> <i>Peas</i> <b>National Peanut Butter Day</b>	25 <i>Tator Tot Casserole</i> <i>Corn</i> <i>Garlic Bread</i> <i>McDonald's/Subway</i> <b>Day Childcare-2nd Grade</b>	26 <i>Chicken Alfredo</i> <i>Rotini Noodles</i> <i>Broccoli</i> <i>Breadstick</i> <i>McDonald's/Subway</i> <b>Day 3rd-8th grade</b>	27 <i>Grilled Cheese</i> <i>Chicken Noodle Soup</i> <b>National Chocolate Cake Day</b>	28 <i>Mini Corn Dogs</i> <i>Waffle Fries</i> <i>Green Beans</i>
31 <i>Salisbury Steak</i> <i>Mashed Potatoes</i> <i>Cheesy Broccoli</i> <i>Dinner Roll</i>		<i>School lunches are FREE for all students this year!!</i> <i>When your child participates it helps our hot lunch Program!</i>		

All meals include Salad Bar, Assorted Vegetables with Dip, Assorted Fruits, and Milk.

#### Alternate Menu Options:

Daily-  
 Chef's Salad with choice of Diced Ham, Diced Chicken, Boiled Egg or Cottage Cheese.

**OR**

Peanut Butter & Jelly Uncrustable with:  
 Monday-Graham Crackers  
 Tuesday-String Cheese  
 Wednesday-Sun Chips  
 Thursday-Cottage Cheese  
 Friday-Cookie

(You may choose one option in place of the offered meal)



=Vegetarian/Vegetarian Option

National Luther Schools Week  
 January 24-28

#### USDA Meal Pattern

Trinity Lutheran School participates in the National School Hot Lunch Program. We offer 5 meal components: Meat/Meat Alternate, Grain, Fruit, Vegetable and Milk. Each student must take three components and one must be a fruit or vegetable.

This institution is an equal opportunity provider