








National School Hot Lunch Week: October 10-14!



Mon	Tue	Wed	Thu	Fri
3 Hamburger or Cheeseburger French Fries Green Beans	4 Taco Salad Re-Fried Beans National Taco Day	5 Pizza Dippers with Pizza Sauce Tator Tots Broccoli	6 No School	7 No School
10 Cheese Quesadilla Rice Peas	11 Grilled Cheese Tomato Soup 	12 Chicken Smackers Waffle Fries California Blend	13 Pancakes Sausage Hashbrown Juice	14 Fish Sticks Macaroni & Cheese Green Beans
17 Chicken Alfredo Noodles Corn Garlic Bread National Pasta Day	18 Sidewinder Pulled Pork w/ Nacho Cheese Sauce Green Beans, Pretzel Stick	19 Turkey Sub Potato Wedges Baked Beans 	20 Pizza Dippers with Pizza Suce Hashbrown Stars Cauliflower	21 Chicken Patty Sandwich Tator Tots Peas National Apple Day
24 Chicken & Waffles Potato Cubes Juice Wisconsin Parfaits	25 Meatballs in Gravy Mashed Potatoes Carrots Breadstick National Breadstick Day	26 Mini Corn Dogs Macaroni & Cheese Broccoli National Pumpkin Day 	27 Hot Ham Sandwich Potato Smiles Mixed Vegetables	28 No School
31 Chicken Nuggets Hashbrown Stars California Blend			Lunch Prices: ECLC-3RD GRADE \$3.10 4TH GR.-8TH GR. \$3.25 SALAD BAR \$3.10 ADULTS \$4.65 ADDITIONAL MILK \$.50	

All meals include Salad Bar, Assorted Vegetables with Dip, Assorted Fruits, and Milk.

Harvest of the month:
Broccoli!



October is National Farm to School Month!



 =Vegetarian/Vegetarian Option

USDA Meal Pattern

Trinity Lutheran School participates in the National School Hot Lunch Program. We offer 5 meal components: Meat/Meat Alternate, Grain, Fruit, Vegetable and Milk.

Each student must take three components and one must be a fruit or vegetable.